

BEFORE YOUR APPOINTMENT.

ATTENTION ALL LOVERS OF RETINOIDS, GLYCOLICS, VITAMIN C SERUMS AND ALL THE GOOD STUFF!

Please take a break from these products at least 2 weeks prior to your microblading session for best results.

Also....

Refrain from drinking alcohol, coffee or taking blood thinning meds 24 hours prior (please consult with your GP before stopping any meds)

Any treatments such as lasers, peels, waxing, botox etc should also take place 2 weeks prior.

Skin should be healthy and non-irritated, blemish and sunburn free for best results

AFTERCARE

FOLLOW THESE SIMPLE RULES FOR THE BEST RESULTS:

NO MOISTURE! NO WATER! NO SWEAT! NO SUN! For 7 days.

The best results come from Dry Healing method. The absolute best results come from keeping your brows extremely DRY for the next 7 days! Keeping them dry makes them retain more detail, better pigment

- Keep your face directly out of the shower stream and keep face as dry as possible. keep showers brief, as too much steam can harm brows as well.
- When washing your face, wash AROUND the brows, making sure they stay dry.
- Do not apply any cosmetics on your brows for AT LEAST 7 days.
- No heavy exercising or sweating for at least 7 days post procedure. If you want the best colour and detail retention, this is crucial.

WHAT TO EXPECT

- Immediately following your procedure, the microbladed area will appear to be darker and bolder in colour, more sharply defined or even have a more filled in appearance. This can last up to a week after the treatment while the initial healing process takes place. The treated area may feel a bit like sunburn afterwards but there should be minimal discomfort and minimal redness.

- During the initial healing period, there may be scabbing, flaking or peeling of the skin. If that happens, do not pick, and allow the scab or dry skin to come off on its own. This is very important! If scabs come off prematurely, the pigment will come out with it!
- The complete healing process takes about 4-6 weeks, at which time the true colour of the microblading is evident. During this process, your pigment will lighten up to 50%. DON'T PANIC even if you think too much colour has been lost, as your skin is still regenerating and naturally exfoliating.

Healing process.

- **Day 1** - finely detailed, slight redness
- **Day 2-4** - They become darker and more filled in looking as they form a light protective layer or scab. This is only temporary- don't panic!
- **Day 5-12**- the protective layer naturally exfoliates, peels and flakes away over the course of several days as your skin heals underneath it. The freshly healed skin is white and has a waxy coating, making it appear that the brows are too light. Be patient!
- **Day 10-30** - After 7 days you may use brow makeup very gently if you need it. The colour will slowly come back. Wait at least 4 weeks to see the true colour, and it is only after 4 weeks that your touch-up/adjustment can be done. Your second appointment is to perfect your shape, touch up any light areas also to assess how your skin reacts to the process, and the chosen colour.
- **This is a two-step process. Brows will look really finished after the 2nd appointment.**

ONCE HEALED

- Exposure to the sun over time can cause fading and discoloration of the pigment. Once completely healed, I recommend applying sunscreen daily on the treated area.
- Glycolic acid, retinols, AHA's, anti-aging lotions and serums, microdermabrasion, chemical face peels and laser treatments must be kept away from the tattooed area as continued use could lighten or discolour the pigment.
- If you are having laser resurfacing or laser hair removal after your tattoo has healed, please inform the laser technician. Continue at your own discretion. Laser procedures may darken, lighten, or discolour the tattooed area.

THIS PROCEDURE IS NOT RIGHT FOR YOU IF

- you are using ACCUTANE or have used it within the past year
- if you have very oily skin and/or very large pores on your forehead the hair stroke pigment may be rejected or it may heal very powdery and fuzzy with loss of detail and may need frequent touch ups. Often powder shading, or a combination brow is a good replacement !
- if your skin is very delicate, fragile, sensitive or problematic. The older we get the more fragile and thin our skin gets. People aged over 70 may not have the most ideal results, and may experience loss of detail, discoloration, or additional blurring
- are pregnant or nursing
- are allergic to Lidocaine
- are highly prone to scarring or keloids
- are epileptic

PROCESS / FAQ

WHAT IS IT?

Microblading is a form cosmetic tattooing. It is the process of applying tiny, individual hair-like strokes, following the directional growth of natural eyebrow hair, to create a semi-permanent tattoo, that looks more realistic.

This blading is made with a hand tool.

THE SECOND APPOINTMENT IS INCLUDED IN THE PRICE

PLEASE NOTE

colour retention and overall results are different for each individual. Factors such as sun exposure, skin type, aftercare, lifestyle and skin tone determine how your brows heal. microblading is not guaranteed for everyone.

Please book your free consultation to discuss any further.